



# Your passion test

You are driven by your emotions and your passions. When you want to live your life to the fullest, it will be to your advantage, if you consider the following:

A. Why do you want to do the passion test? Give at least 3 specific reasons:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

B. What should the passion test give you? Choose at least 3 specific things:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

C. What are your greatest passions? List at least 5:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

D. Look at your list, and prioritize your passions according to how important they are to you:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

E. List your passions according to how much you **live** the passions in real life. The passion you live the most is no. 1, second most is no. 2 etc.:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

If you live out your passions in the same order in “E”, as you prioritized them in “D”, your passions test is done - congratulations! You live out your passions to the fullest.

If there is a mismatch between your prioritized and lived passions, you must decide, if you want to change that.

Do you accept that you do not live your passions to the fullest, or are you willing to do something to live your passions in the same order as you prioritized them?

If you want to change, continue this test. If you accept the mismatch, the test is over. Congratulations on your decision and recognition.

**“Lack of direction, not lack of time, is the problem. We all have twenty-four hour days” - Zig Ziglar**

F. Choose the passions you want to live out more than you do now. If one passion, you wish to live out more, is blocking that you live out an even more important passion, you have to choose if you want to change your priority or accept it.

1. What should you add or remove in order to live out the \_\_\_\_\_ passion?

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(A) When will you do that?

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(B) With my signature, I hereby commit to act and live out the passion: \_\_\_\_\_

My signature

2. What should you add or remove in order to live out the \_\_\_\_\_ passion?

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(A) When will you do that?

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(B) With my signature, I hereby commit to act and live out the passion: \_\_\_\_\_

My signature

3. What should you add or remove in order to live out the \_\_\_\_\_ passion?

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(A) When will you do that?

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(B) With my signature, I hereby commit to act and live out the passion: \_\_\_\_\_

My signature

4. What should you add or remove in order to live out the \_\_\_\_\_ passion?

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(A) When will you do that?

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(B) With my signature, I hereby commit to act and live out the passion: \_\_\_\_\_

My signature

5. What should you add or remove in order to live out the \_\_\_\_\_ passion?

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(A) When will you do that?

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(B) With my signature, I hereby commit to act and live out the passion: \_\_\_\_\_

My signature

If you have more than five passions, you wish to prioritize differently, start with the five that you just worked with.

Let them become active parts of your life, and then take the passion test once more.

Prioritize your passions again - after you have reflected and worked with them:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_